

LABELING REQUIREMENTS
COMAR 10.15.03.12

Products must be labeled with the following information:

- The common name of the food or a descriptive identity statement;
- If made from two or more ingredients:
 - A list of ingredients in descending order of prominence by weight; and
 - A declaration of artificial color or flavor and chemical preservatives;
- An accurate declaration of the quantity of the package contents by weight in both metric and English units;
- The name and place of business of the manufacturer, packer, or distributor;
- The name of the food source for each major food allergen that is contained in the food unless the food source is already part of the common or usual name of the respective ingredient. A major food allergen means: milk, egg, fish (such as bass, flounder, or cod, etc.), shellfish (such as crab, lobster, or shrimp, etc.), tree nuts (such as almonds, pecans, or walnuts, etc.), wheat, peanuts, soy or a food ingredient that contains protein derived from milk, egg, fish, tree nuts, wheat, peanuts, or soybeans;
- Nutritional information as specified by federal labeling requirements, if any nutritional information claim is made.

Sample Label:

<p>Bonnie's Baked Goods 206 North Commerce Street Centreville, MD 21617</p> <p>Chocolate Chip Cookies</p> <p>Ingredients: Flour, Semisweet Chocolate Chips, Butter, Sugar, Brown Sugar, Walnuts, Eggs, Vanilla Extract, Water, Baking Soda, Salt. Allergens: Contains Wheat, Eggs, Milk, Soy, Tree Nuts. Net Wt: 17 Ounces (481 g)</p>
